



*sewing patterns*  
BY PATTY YOUNG

# zig zag knit quilt

Finished Size  
36" x 46"

MOD DECOR FOR THE COOL HOME™

## cutting instructions

To make the quilt as seen in the cover photo (Finished size of 36" x 46") you will need to cut the following pieces. Of course, once you start assembling the quilt you'll see that you could easily make it smaller or larger by adjusting the number of pieces you cut.

For the zig-zags...

- Cut (80) 5" x 5" squares of *Lime Blossoms* from *Flora & Fauna* knits.
- Cut (8) 10" x 5" rectangles of *Zen Garden Berry* from *Sanctuary* knits.
- Cut (8) 10" x 5" rectangles of *Aromatherapy Ocean* from *Sanctuary* knits.
- Cut (8) 10" x 5" rectangles of *Seaweed Wrap Seafoam* from *Sanctuary* knits.
- Cut (8) 10" x 5" rectangles of *Aromatherapy Berry* from *Sanctuary* knits.
- Cut (8) 10" x 5" rectangles of *Zen Garden Ocean* from *Sanctuary* knits.

For the batting and backing...

- Cut one 40" x 50" piece of *Seaweed Wrap Sherbert* from *Sanctuary* knits (or preferred mixed colors fabric).
- Cut one 40" x 50" piece of quilt batting. We prefer to use *FusiBoo* (fusible batting) from *Fairfield*.

*NOTE: No binding is necessary for this knit quilt. We will be just topstitching the edges.*

## sewing instructions

Begin by deciding the order of your zig zag colors. Organize them on your work table starting at the top row of your quilt. Our top row is the *Zen Garden Berry* (all other rows are in the same order as they appear in our cutting instructions). Set all other pieces aside and work only on one row at a time.

**NOTE: All seam allowances are 1/4". We constructed this quilt using a serger but you can do it with a sewing machine too. For the sample photos we used the *BabyLock Imagine* and the *BabyLock Symphony*.**

- 1. Assemble the first four blocks.** To give you an idea of how the "zigs" and "zags" are formed we will begin by assembling the first 4 blocks of the quilt. Lay four of your 10" x 5" rectangles on a flat surface right side up and place two of your 5" squares on top of each rectangle, wrong side up, so right sides are facing and the two squares are perfectly covering each rectangle. On the first block, using a water-soluble marker, draw a diagonal line starting at the top left corner and ending at the bottom right corner of the top square. Repeat this with the bottom square. On the second block, draw the lines in the opposite direction, starting at the top right and ending at the bottom left. Switch directions with each block. Your first 4 blocks should look like **figure 1**. Pin in place.

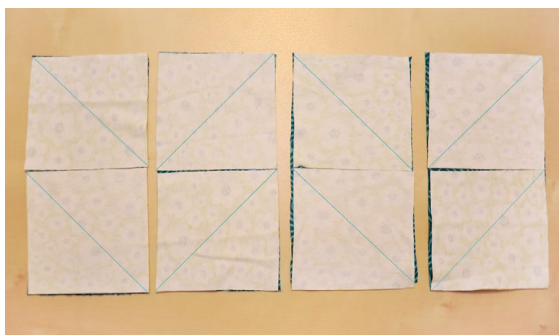


fig. 1

- 2. Stitch/serge along the drawn lines.** If serging, **fig. 2**, the blades of your serger will automatically trim the excess fabric at 1/4". If sewing, **fig. 3**, trim exactly 1/4" outside of your stitch line. Discard the trimmed triangles or save for another project.



fig. 2

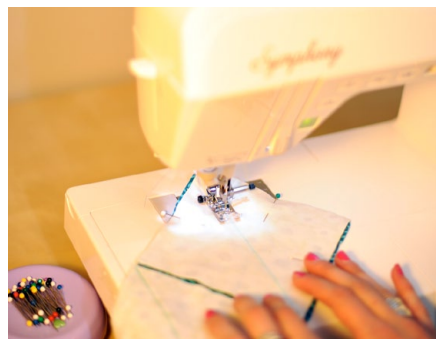


fig. 3

### FABRIC REQUIREMENTS\*:

1 1/4 yd. of *Lime Blossoms*,  
1/3 yd. each of *Zen Garden Berry*,  
*Aromatherapy Ocean*, *Seaweed Wrap Seafoam*, *Aromatherapy Berry*  
and *Zen Garden Ocean*. 1 1/3 yd. of  
*Seaweed Wrap Sherbert* for backing.  
One 40" x 50" piece of fusible quilt  
batting.

\*Based on 58"/60" pre-washed knit  
fabric.

3. **Press each block flat.** Fig. 4 shows what one of the block looks like right out of the serger. Fig. 5 shows it with the sides pressed flat. Press the seams to one side if serged or flat if stitched.



fig. 4

fig. 5

4. **Join the first two blocks.** Starting with the first two blocks you constructed, place the blocks right sides together, making sure the previously stitched lines run in opposite directions when flat (same direction when placed right sides together), then serge/stitch along one long side. You will end up with a "V" shape like the ones below. Press the seams to one side if serged, fig. 6, or flat if stitched, fig. 7. Repeat this step with the third and fourth block.



fig. 6

fig. 7

5. **Join the the first zig-zag row.** Place the new "V" shaped blocks on top of each other right sides together and, just like before, stitch/serge along one long edge forming your very first zig-zag. Press as you go. Your first zig-zag row will look like fig. 8.



fig. 8

6. **Sew the remaining rows.** Repeat steps 1 - 5 for the remaining blocks. There will be 8 blocks per row and 5 different rows that make up this quilt. Build each row separately and then join them together, starting with the top and second row. Stitch/serge rows right sides together using a 1/4" seam allowance, then press all seams as you go. Your finished quilt top should look like fig. 9.



fig. 9

7. **Make your quilt sandwich.** Remember, we are **NOT** applying binding to this quilt, so unlike traditional quilting, we will layer our quilt in this order:

- Bottom Layer: Quilt backing, right side up
- Middle layer: Quilt top, wrong side up
- Top Layer: Fusible batting (do NOT fuse yet!)

Trim backing and batting to the same size as your quilt top. Pin quilt layers all around the edges, then stitch/serge 1/2" in from the quilt top edges leaving a 6" gap on one side for turning. If serging, the blades of your serger will automatically trim the excess fabric at 1/4". If sewing, trim exactly 1/4" outside of your stitch line. Also trim the excess fabric in the corners to reduce bulk.

8. **Topstitch it.** Slowly and carefully turn the quilt right side out through the opening and use your fingers or a blunt tool (like a wooden chopstick) to make sure all corners are nice and square. Press well, making sure the batting is fused to the quilt top and back, then topstitch 1/4" from the edge all around, stitching the opening closed, **fig. 10**.



fig. 10

9. **Quilt it.** To keep the front and back pieces from shifting around, and also to give your blanket that soft, "quilted" look, sew through all layers using a "stitch in the ditch" technique. To stitch in the ditch, you use a "walking foot" on your sewing machine to create long, straight lines of quilting along the seams (or "ditches") of the quilt top. If you don't own a walking foot, you can use a standard foot but just stitch slowly and carefully, **fig. 11**. Your stitches will be barely visible from the front and on the back you'll see a ghost image of your quilt top pattern.



fig. 11



sewing patterns  
BY PATTY YOUNG

*This pattern was designed by Patty Young of MODKID, LLC exclusively for Baby Lock USA. This pattern is intended for non-commercial, personal use only and not to be used in the production of goods for sale in any quantity. ©2011 All Rights Reserved. Do not reproduce without permission.*

To see a listing of stores that carry Patty's fabrics and patterns, visit her website at:

[WWW.MODKIDBOUTIQUE.COM](http://WWW.MODKIDBOUTIQUE.COM)